

John A. Mason's Gender/Sexuality/Psychology Reading List
June 15, 2026

Title ~ Author	Year Published	ISBN and/or link
"Studies in the Psychology of Sex" ~ Havelock Ellis (Two-volume set; 1942 edition)	1905	0394441834
"The Psychology of Sex Differences" Volume I/Text ~ Eleanor Emmons Maccoby and Carol Nagy Jacklin	1974	0804709742
"The Psychology of Sex Differences" Volume II/Annotated Bibliography ~ Eleanor Emmons Maccoby and Carol Nagy Jacklin	1974	0804709750
"The Evolution of Desire: Strategies of Human Mating" ~ David M. Buss	2003	046500802x
"The Alchemy of Love and Lust" ~ Dr. Theresa L. Crenshaw	1996	0399140417
"Sperm Wars: Infidelity, Sexual Conflict, and Other Bedroom Battles" ~ Robin Baker (Trade)	2006	1560258489
"Sperm Wars: The Science of Sex" ~ Robin Baker (First Edition – Hardcover)	1996	0465081797
"The Red Queen – Sex and the Evolution of Human Nature" ~ Matt Ridley	1993	0060556579
"Are Men Necessary? When Sexes Collide" ~ Maureen Dowd	2005	0399153322
"Men on Strike: Why Men Are Boycotting Marriage, Fatherhood, and the American Dream - and Why It Matters" ~ Helen Smith	2013	1594036756
Women After All – Sex, Evolution, and the End of Male Supremacy ~ Melvin Konner, M.D.	2015	9780393239966
"The Origin of the Species" ~ Charles Darwin	1859	0375751467
"The Descent of Man and Selection in Relation to Sex" ~ Charles Darwin	1871	0691023697
"The Descent of Man and Selection in Relation to Sex" ~ Charles Darwin (2004 Barnes & Noble printing)	1871	9780760763117
"The Human Zoo" ~ Desmond Morris	1969	1568361041
"Fire In the Belly: On Being a Man" ~ Sam Keen	1992	0553351370
"Iron John – A Book about Men" ~ Robert Bly	1990/2004	0306813769
"A Brief History of the Female Body: An Evolutionary Look at How and Why the Female Form Came to Be	2023	978-1728275154

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“~ Deena Emera, PhD		
“Eve: How the Female Body Drove 200 Million Years of Human Evolution” ~ Cat Bohannon	2023	978-0345806208
"The Trouble with Testosterone: and Other Essays on the Biology of the Human Predicament" ~ Robert M. Sapolsky	1998	0684838915
"The Way of the Superior Man" ~ David Deida	2006	1591792576
"Y: The Descent of Men" ~ Steve Jones	2003	0618139303
“The Blind Watchmaker – Why the evidence of evolution reveals a universe without design” ~ Richard Dawkins	1986	0393304485
“The Blank Slate – The Modern Denial of Human Nature” ~ Steven Pinker	2002/2016	9780142003343
"How to Manage Your Dick: Redirect Sexual Energy and Discover Your More Spiritually Enlightened, Evolved Self" ~ Sean O'Reilly	2001	1580083501
“A Billion Wicked Thoughts: What the World's Largest Experiment Reveals About Human Desire” ~ Ogi Ogas and Sai Gaddam	2011	0525952098
“The Myth of Male Power” ~ Warren Farrell	2001	0425181448
“Reproduction in Mammals – Book 8: Human Sexuality” ~ C.R. Austin & R.V. Short	1980	9780521223614
“The Human Animal” ~ Weston La Barre ~ The University of Chicago Press	1954	0226467066
“Sexual Selection” ~ James L. Gould and Carol Grant Gould ~ Scientific American Library	1989	0716750538
“The Mating Mind: How Sexual Choice Shaped the Evolution of Human Nature” ~ Geoffrey Miller	2001	9780385495172
“The Sexual Evolution: How 500 million years of sex, gender, and mating shape modern relationships” ~ Nathan H. Lents	2025	9780063375444

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"The Male Brain: A Breakthrough Understanding of How Men and Boys Think" ~ Louann Brizendine, M.D.	2011	9780767927543
"The Female Brain" ~ Louann Brizendine, M.D.	2006	9780767920100
"Survival of the Prettiest: The Science of Beauty" ~ Nancy Etcoff	1999	0385479425
"Bitch – On the Female of the Species" ~ Lucy Cooke	2022	9781541674899
"In Search of Human Nature: The Decline and Revival of Darwinism in American Social Thought" ~ Carl N. Degler	1991	0195063805
"The War Against Boys: How Misguided Policies are Harming our Young Men" ~ Christina Hoff Sommers	2013	9781451644180
"Raising Cain - Protecting the Emotional Life of Boys" ~ Dan Kindlon, Ph.D and Michael Thompson, Ph.D	2000	0345434854
"Women: Theory and Practice" ~ Bernard Chapin	2007	9781604612714
"Lust in Translation: Infidelity from Tokyo to Tennessee" ~ Pamela Druckerman	2008	9780143113294
"Him/Her/Self: Sex Roles in Modern America" ~ Peter G. Filene	1974/1986	0801828937
"Social Behavior in Primates" ~ Neil Chalmers	1980	083911463X
"Masculine and Feminine: Sex Roles over the Life Cycle" ~ Marie Richmond-Abbott	1983	0201061945
"You Don't Say: Navigating Nonverbal Communication Between the Sexes " ~ Audrey Nelson & Susan K. Golant	2004	0735203474v
"You Just Don't Understand: Women and Men in Conversation" ~ Deborah Tannen	1990	0060959622
"Talking from 9 to 5: Women and Men at Work" ~ Deborah Tannen	1994	0380717832
"Too Close for Comfort" ~ Geraldine K. Piorkowski	1994	0306446413
"Co-ed Combat: The New Evidence That Women Shouldn't Fight the Nation's Wars" ~ Kingsley Browne	2007	1595230432
"Divided Labours: An Evolutionary View of Women at Work (Darwinism Today series)" ~ Kingsley Browne	1999	0300080263

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"Biology at Work: Rethinking Sexual Equality (Rutgers Series on Humas Evolution)" ~Kingsley Browne	2002	0813530539
"The Kinder, Gentler Military" ~Stephanie Gutmann	2000	0648852918
"Ten Stupid Things Men Do to Mess Up Their Lives" ~ Laura Schlessinger	1997	0060173084
"The Soul of Sex: Cultivating Life as an Act of Love" ~ Thomas Moore	1998	0060186976
"The Soul's Code: In Search of Character and Calling" ~ James Hillman	1996	0446673714
"Man's Search for Meaning: An Introduction to Logotherapy" ~ Viktor E. Frankl	1946/1956/1984	0671244221
"How Do We Know Who We Are? A Biography of the Self" ~ Arnold M. Ludwig	1997	0195095731
"How The Mind Works" ~ Steven Pinker	1997	0393045358
"Freedom from Fear: Finding the Courage to Act, Love, and Be" ~ Forrest Church	2004	0312325347
"Ordinary People as Monks & Mystics: Lifestyles for Spiritual Wholeness" ~ Marsha Sinetar	2007	0809142848
"The Spirituality of Imperfection: Storytelling and the Search for Meaning" ~ Ernest Kurtz & Katherine Ketcham	1993	0553371320
"Men Are From Mars - Women Are From Venus" ~ John Gray	1992	0060191325
"Mars and Venus on a Date: A Guide for Navigating the 5 Stages of Dating to Create a Loving and Lasting Relationship" ~ John Gray	1999	006093221X
"Mars and Venus Together Forever: Relationship Skills for Lasting Love" ~ John Gray	2005	0060926619
"Linda Goodman's Relationship Signs" ~ Linda Goodman	1999	0553580159
"Guerrilla Dating Tactics – Strategies, Tips, and Secrets for Finding Romance" ~ Sharyn Wolf	1994	0452280117
"The Rules: Time-Tested Secrets for Capturing the Heart of Mr. Right" ~ Ellen Fein and Sherrie Schneider	1995	0446602744

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"Perfect Enough: Carly Fiorina and the Reinvention of Hewlett Packard" ~ George Anders	2003	1591840031
"Backfire: Carly Fiorina's High-Stakes Battle for the Soul of Hewlett-Packard" ~ Peter Burrows	2003	0471267651